

2006 Long Course Age Group State Championships

July 20 – 23, 2006

Held under the sanction of USA Swimming, Inc.

Sanctioned by: Arizona Swimming

Sanction #AZ06C042

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Arizona State University, Sun Devil Aquatics, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

Hosted by: Sun Devil Aquatics

Meet Director: Greg Winslow; CP: 480-415-5952; OP: 480-965-8355; greg.winslow@asu.edu

Meet Referee: Ron Joost 602-944-4265

Meet Location: Mona Plummer Aquatic Center, Arizona State University
Intersection of Stadium Dr. and College Street, Tempe, AZ

Facility: The facility consists of three pools - an Olympic-size, 50 meter by 25 yards, seven-foot deep competition pool with a movable bulkhead; a 25-yard, 18-foot diving well; and a 25-yard eight-lane warm-up pool. The facility's grandstand can accommodate up to 2000 spectators.

Course: Outdoor 50 meter, 8 lane pool, a separate 8 lane 25 yard pool for warm-up/warm-down. Fully automated Daktronics Timing System with an 8 lane scoreboard.

Eligibility:

1. Open to any Arizona Swimming registered athlete 14 years old or younger holding a current USA Swimming registration card as of the meet entry deadline.
2. A current, valid USA Swimming registration card must be presented to the Clerk of Course if requested.
3. This is a time standard meet. All swimmers must have equaled or bettered the listed time standard prior to the first day of the meet.
4. Age on July 20, 2006 will govern for the meet.
5. On-deck registration will not be available at any Arizona Swimming meet.
6. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, meet referee, and entry coordinator as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

Rules:

1. The current USA Swimming rules for competitive swimming will govern.
2. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner.
3. The Arizona Swimming controlled meet warm-up will be posted and enforced.
4. Swimmers are limited to three (3) individual events per day, including time trials.
5. Swimmers are limited to six (6) individual events for the meet, excluding time trials. If an entry has greater than six (6) events for the meet or greater than three (3) entries for a day, the highest numbered event will be dropped until the entry limits are met.
6. Swimmers must enter with a valid qualifying time. Entry times not achieved in Long Course meters shall be noted as SY (Short Course Yards) or SM (Short Course Meters). No converted times may be used. Seeding order for this meet will be 1. Long Course Meters, 2. Short Course Yards, 3. Short Course Meters. Please note SY or SM in red. Short Course Yard and Short Course Meter qualifying times are published on www.azswimming.org, the Arizona Swimming web site.
7. The top 16 swimmers in the preliminary session will qualify to swim in the finals session, with the consolation heat followed by the championship finals heat.
8. The 400 Free, 800 Free, 1500 Free, and 400 IM will be deck seeded, and will require positive check-in with the Clerk of Course prior to the session in which they are swum. Deadline for check-in to swim the event is 4:30 pm on Thursday for Session I, and 9:30 am for Sessions II, III, and IV.
9. The 400 Free, 800 Free, 1500 Free, and 400 IM are timed finals events. These events will be swum fastest to slowest, alternating girls and boys.

10. For the 11-12 and 13-14 age groups, the 800 Free, 1500 Free, and 400 IM will be combined across age groups for seeding, but scored separately by age group. The seeding order will be:
 First: All conforming (LC) times at or faster than the 13-14 Q-time standard, regardless of the age of the athlete.
 Second: All non-conforming (SCY or SCM) times at or faster than the 13-14 Q-time standard, but only for 13-14 athletes.
 Third: All conforming (LC) times at or faster than the 11-12 Q-time standard but slower than the 13-14 Q-time standard (only 11-12 athletes in this group).
 Fourth: All non-conforming (SCY or SCM) times at or faster than the 11-12 Q-time standard (only 11-12 athletes in this group)
11. The fastest seeded heat in the 11-14 400 IM, the 11-12 400 Free, and the 13-14 400 Free will swim during finals; a separate proof of time is required with entries to be seeded in the top 8. All other heats will be swum during preliminaries. All heats of the 11-14 1500 Free will be swum during the preliminary session; a separate proof of time is required with entries to be seeded in top 8. All heats of the 10&Under 400 Free and the 11-14 800 Free will be swum in the Thursday timed finals session; a separate proof of time is required with entries to be seeded in the top 8. The proof of time may be provided on the form included in the meet flyer or in the Hy-Tek electronic entry that includes the meet and date when the entry time was achieved.
12. For the 10 & Under 400 Free, the 800 Free, and the 1500 Free events, swimmers must provide their own personnel for timing, as well as for lap counting for the 800 and 1500 Free.
13. Relay events are deck-entered timed finals events and will be swum during finals. Relay entry cards must be turned in to the Clerk of Course no later than 10:30 am on the day the events are to be swum. Relay entries must include a seed time. An entry without a seed time is invalid. There is no limit to the number of relays a team may enter, but only the two fastest relays from any one team will be scored. Late relay entries will not be accepted.
14. Swimmers may only compete in one age group for relays of the same stroke/distance.
15. Time trials will be offered during the meet at the sole discretion of the Meet Referee. Swimmers must be entered in the meet in order to swim time trials. Event order will be posted at the pool. If offered, the 1500 and 800 meter freestyle will only be offered on Saturday.
16. The Arizona Age Group scratch rule will be in effect. Failure to report for a finals event will result in the swimmer being barred from the competition for the remainder of that evening's events including relay events, and they will be barred from their next preliminary or timed finals event. Failure to report for a timed finals event requiring positive check-in will result in the swimmer being barred from their next individual event.

Sessions:	Session I:	Warm-up: 4:00 pm	Meet Start: 5:00 pm
	Session II, III, IV:		
	Prelims	Warm-up: 7:00 am	Meet Start: 8:30 am
	Finals	Warm-up: 4:00 pm	Meet Start: 5:00 pm

Entries: All entries must be in a USA SDIF format file (Hy-Tek Commlink), or on the attached Arizona Swimming entry form. All individual entries and all team entries not submitted in the Hy-Tek Commlink format must be received by Monday, July 17, 2006. Coaches are encouraged to submit team entries in Hy-Tek Commlink format on a 3.25 inch diskette, CD, or by email. Such entries must be received by Monday, July 17, 2006, and be accompanied by a Hy-Tek meet entry report. The electronic copy will have precedence in case of a discrepancy. **Late entries will not be accepted, and no deck entries will be allowed.**

Mail or deliver entries to :
 Joe Fanthorp
 joe@fanthorp.com
 2009 E Winston Dr.
 Phoenix, AZ 85042

Entry Fees:	Individual Event	\$6.00	Make checks payable to: Sun Devil Aquatics
	LSC Surcharge	\$5.00	
	Relay Events	\$10.00	Relay only swimmers must pay the LSC surcharge.
	Time Trials	\$7.00	

For individual entries and team entries not submitted in the Hy-Tek Commlink format, entries will not be accepted without payment. For team entries submitted in Hy-Tek Commlink files, fees are due to the Clerk of Course prior to the start of the first session of the meet and must be paid by using one team check.

Awards: Individual events: Medals for 1st – 8th place. Ribbons for 9th – 16th.
 Relay events: Medals for 1st – 3rd place. Ribbons for 4th – 8th.
 High Point: 1st – 3rd place for both girls and boys in each age group.
 Team Points: 1st – 3rd place for combined team score.

Scoring: Top 16 places will be scored. Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
 Relay events: 40, 34, 32, 30, 38, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Proof of Time:

Proof of time is required to be seeded into the top 8 of a timed final event (400 Free, 400 IM, 800 Free, 1500 Free). Proof of time must be submitted with entry. If a swimmer fails to achieve the minimum time standard during the meet, it will be the swimmer's responsibility to provide proof of adequate prior performance. Failure to provide such verification will result in a \$25 fine per event or possible suspension.

Timing: Teams will be assigned lanes to time based on the number of athletes in the session. Swimmers are responsible for providing their own timers on Thursday evening, on Sunday for the 1500 Free, and for time trials.

Session I – Thursday, July 20, 2006

<u>Girls</u>		<u>Timed Finals – Warm-up: 4:00 pm / Meet Start: 5:00 pm</u>		<u>Boys</u>	
<u>Event #</u>	<u>Q Time</u>	<u>Event</u>	<u>Q Time</u>	<u>Event #</u>	<u>Q Time</u>
1	6:09.09	10 & U 400 Free*	6:10.09	2	
3	10:49.89	13-14 800 Free*	11:05.39	4	
	11:31.09	11-12 800 Free*	11:39.09		

* The 400 Free and 800 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 4:30 PM in order to swim the event. The 800 Free is a combined event, scored separately by age group. Events will be swum fastest to slowest, alternating girls and boys.

Session II – Friday, July 21, 2006

<u>Girls</u>		<u>Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am</u>		<u>Boys</u>	
<u>Event #</u>	<u>Q Time</u>	<u>Event</u>	<u>Q Time</u>	<u>Event #</u>	<u>Q Time</u>
5	2:24.99	13-14 200 Free	2:23.99	6	
7	2:33.59	11-12 200 Free	2:37.19	8	
9	3:02.29	10 & U 200 Free	3:06.09	10	
11	1:14.99	13-14 100 Fly	1:19.49	12	
13	1:22.09	11-12 100 Fly	1:34.19	14	
15	1:44.89	10 & U 100 Fly	2:05.99	16	
17	1:19.19	13-14 100 Back	1:18.79	18	
19	1:24.69	11-12 100 Back	1:27.99	20	
21	1:43.39	10 & U 100 Back	1:41.99	22	
23	1:29.19	13-14 100 Breast	1:29.59	24	
25	1:33.19	11-12 100 Breast	1:43.39	26	
27	1:49.79	10 & U 100 Breast	1:55.19	28	
29	6:06.29	13-14 400 IM **	6:12.59	30	
	6:23.09	11-12 400 IM **	6:24.09		
31	NT	12 & U 400 Free Relay#	NT	32	
33	NT	13-14 400 Free Relay#	NT	34	

** The 400 IM will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event. This is a combined event scored separately by age group. These are timed final events with the fastest seeded heat swimming in finals. All remaining heats will be swum during the preliminary session fastest to slowest, alternating girls and boys.

Relay events are timed final events swum during the finals session only

Session III – Saturday, July 22, 2006

<u>Girls</u>	<u>Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am</u>		<u>Boys</u>	
	<u>Finals – Warm-up 4:00 pm / Meet Start: 5:00pm</u>			
<u>Event #</u>	<u>Q Time</u>	<u>Event</u>	<u>Q Time</u>	<u>Event #</u>
35	NT	13-14 200 Medley Relay#	NT	36
37	NT	12 & U 200 Medley Relay#	NT	38
39	NT	10 & U 200 Medley Relay #	NT	40
41	3:01.09	13-14 200 Fly	2:55.79	42
43	3:03.99	11-12 200 Fly	3:21.99	44
45	50.19	10 & U 50 Breast	54.99	46
47	43.19	11-12 50 Breast	47.39	48
49	41.59	13-14 50 Breast	41.79	50
51	1:21.99	10 & U 100 Free	1:24.89	52
53	1:10.89	11-12 100 Free	1:12.39	54
55	1:06.19	13-14 100 Free	1:04.79	56
57	3:01.59	11-12 200 Back	3:13.99	58
59	2:48.09	13-14 200 Back	2:48.69	60
61	43.09	10 & U 50 Fly	48.19	62
63	36.09	11-12 50 Fly	39.59	64
65	34.79	13-14 50 Fly	36.19	66
67	5:28.19	11-12 400 Free***	5:44.09	68
69	5:05.39	13-14 400 Free***	5:06.49	70
71	NT	13-14 800 Free Relay#	NT	72

***The 400 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event. These are timed final events with fastest seeded heat swimming in Finals. All remaining heats will be swum during the preliminary session fastest to slowest, alternating girls and boys.

##Relay events are timed final events during finals session only. Swimmers may not swim on a 12 & U relay and a 10 & U relay of the same stroke and distance.

Session IV – Sunday, July 23, 2006

<u>Girls</u>	<u>Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am</u>		<u>Boys</u>	
	<u>Finals – Warm-up 4:00 pm / Meet Start: 5:00pm</u>			
<u>Event #</u>	<u>Q Time</u>	<u>Event</u>	<u>Q Time</u>	<u>Event #</u>
73	NT	10 & U 200 Free Relay#	NT	74
75	NT	12 & U 200 Free Relay#	NT	76
77	NT	13-14 200 Free Relay#	NT	78
79	44.69	10 & U 50 Back	46.99	80
81	39.19	11-12 50 Back	41.19	82
83	36.59	13-14 50 Back	36.39	84
85	3:26.69	10 & U 200 IM	3:38.29	86
87	2:57.19	11-12 200 IM	3:10.49	88
89	2:46.19	13-14 200 IM	2:43.39	90
91	36.89	10 & U 50 Free	38.59	92
93	32.49	11-12 50 Free	33.09	94
95	30.49	13-14 50 Free	29.49	96
97	3:24.99	11-12 200 Breast	3:45.99	98
99	3:12.49	13-14 200 Breast	3:17.69	100
101	21:37.89	13-14 1500 Free****	21:55.59	102
	22:15.09	11-12 1500 Free****	22:27.09	
103	NT	12 & U 400 Medley Relay#	NT	104
105	NT	13-14 400 Medley Relay#	NT	106

****The 1500 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event. This is a combined event scored separately by age group. These are timed final events with all heats being swum during the preliminary session. These events will be swum fastest to slowest, alternating girls and boys.

#Relay events are timed final events swum during the Finals session only. Swimmers may not swim on a 12 & U relay and a 10 & U relay of the same stroke and distance.

Hotels near the Mona Plummer Aquatic Center

Tempe Mission Palms Hotel

60 E 5th St. Tempe AZ
Phone: 480-894-1400

Courtyard by Marriot

601 S Ash Ave. Tempe AZ
Phone: 480-966-2800

Twin Palms Hotel

225 E Apache Blvd. Tempe AZ
Phone: 480-967-9431

Driving Directions

From I-17 (From N. Arizona):

Follow I-17 until it ends into I-10. Take I-10 E to US 60 East. Take the Rural Rd exit and head north. Turn left at University then right at College Ave and right again at 6th St. The pool is on the right.

From I-10 Northbound (From Tucson):

Take US 60 east to the Rural Rd exit and head north. Turn left at University then right at College Ave and right again at 6th St. The pool is on the right.

From I-10 Southbound (From the West Valley)

Take the 202 east to the Scottsdale/Rural Rd exit and head south. Turn right at University Dr then right again at College Ave and right again at 6th St. The pool is on the right.

From US 60 Westbound (From the East Valley)

Take US 60 West to the Rural Rd exit and head north. Turn left at University then right at College Ave and right again at 6th St. The pool is on the right.

From the 202 Westbound (From the East Valley)

Take the 202 west to the Scottsdale/Rural Rd exit and head south. Turn right at University Dr then right again at College Ave and right again at 6th St. The pool is on the right.

Arizona Swimming – USA Swimming Entry Card:

<http://www.azswimming.org/docs/azsi-entry-form.pdf>

ARIZONA SWIMMING – USA SWIMMING ENTRY CARD

Male:

Female:

Last Name: _____ **First Name:** _____ **M.I.:** _____ **Age:** _____

Event No.	Freestyle (Submitted Time)	Event No.	Backstroke (Submitted Time)	Event No.	Breaststroke (Submitted Time)	Event No.	Butterfly (Submitted Time)	Event No.	I.M. (Submitted Time)
	25 : .		25 : .		25 : .		25 : .		100 : .
	50 : .		50 : .		50 : .		50 : .		200 : .
	100 : .		100 : .		100 : .		100 : .		400 : .
	200 : .		200 : .		200 : .		200 : .		
	400/500 : .	USA Swimming ID Number: _____ Team Name: _____ Parent's Name: _____				Club Initials: _____ Coach's Name: _____ Parent's Phone: _____		No. of Events x \$6.00 \$ _____	
	800/1000 : .							LSC Surcharge: \$5.00	
	1500/1650 : .							Relays \$10.00 _____	
								Total Entry Fees Due: \$ <input style="width: 100px;" type="text"/>	

Proof of Time for Top 8 Seeding

This section MUST be completed for swimmers to be seeded in the top 8 for these timed final events.

Event	Time	Meet Where Time Achieved
10 & U 400 Freestyle		
11-12 400 Freestyle		
13-14 400 Freestyle		
11-14 800 Freestyle		
11-14 1500 Freestyle		
11-14 400 Ind'l Medley		